



SUMMARY

Women's 4X400m Relay - Round 1

First 3 of each heat (Q) qualify to Final

TEAM NGR L CARD ADDED

RECORDS	RESULT	TEAM	VENUE	DATE
World U20 Record WU20R	3:27.60	UNITED STATES	Grosseto (ITA)	18 Jul 2004
Championships Record CR	3:27.60	UNITED STATES	Grosseto (ITA)	18 Jul 2004
World U20 Leading WU20L	3:29.71	NIKE ELITE	Gainesville, FL (USA)	4 Apr 2026
Area U20 Record AU20R		National U20 Record NU20R	Season Best SB	

8 August 2026

RANK	PLACE	HEAT	LANE	BIB	TEAM	REACTION	RESULT	
1	1	1	8	USA	UNITED STATES	0.209	3:32.66	Q
2	1	2	7	ITA	ITALY	0.138	3:33.63	Q NU20R
3	2	1	3	AUS	AUSTRALIA	0.181	3:33.68	Q SB
4	2	2	8	GBR	GREAT BRITAIN & NI	0.232	3:33.82	Q SB
5	1	3	9	GER	GERMANY	0.249	3:34.35	Q SB
6	3	2	2	NGR	NIGERIA	0.239	3:35.28	Q SB
7	2	3	2	SLO	SLOVENIA	0.180	3:35.60	Q NU20R
8	3	3	3	JAM	JAMAICA	0.186	3:35.93	Q
9	4	2	9	RSA	SOUTH AFRICA	0.243	3:36.92	SB
10	4	3	4	POL	POLAND	0.206	3:37.41	SB
11	5	3	8	CZE	CZECHIA	0.188	3:38.07	SB
12	5	2	6	CAN	CANADA	0.200	3:38.41	SB
13	6	2	3	ESP	SPAIN	0.163	3:38.70	SB
14	3	1	7	IND	INDIA	0.272	3:39.53	Q
15	4	1	6	SVK	SLOVAK REPUBLIC	0.166	3:39.93	NU20R
16	7	2	5	IRL	IRELAND	0.223	3:40.06	
17	6	3	5	BRA	BRAZIL	0.159	3:40.65	SB
18	5	1	4	BEL	BELGIUM	0.200	3:42.24	
19	7	3	6	ECU	ECUADOR	0.198	3:43.02	NU20R
20	6	1	5	BAR	BARBADOS	0.192	3:43.20	
21	8	3	7	NZL	NEW ZEALAND	0.227	3:44.68	SB
22	8	2	4	MEX	MEXICO	0.170	3:48.07	
	1	2		BAH	BAHAMAS		DNS	

ALL-TIME TOP LIST

RESULT	TEAM	VENUE	DATE
3:24.04	UNITED STATES (USA)	San José (CRC)	21 Jul 19
3:28.39	GERMAN DEMOCRATIC REPUBLIC (GDR)	dbury (CAN)	31 Jul 88
3:29.66	JAMAICA (JAM)	Philadelphia, PA (USA)	26 Apr 01
3:30.03	RUSSIA (RUS)	Grosseto (ITA)	18 Jul 04
3:30.38	AUSTRALIA (AUS)	Plovdiv (BUL)	12 Aug 90
3:30.46	GREAT BRITAIN & NI (GBR)	Kingston (JAM)	21 Jul 02
3:30.68	CANADA (CAN)	San José (CRC)	21 Jul 19
3:30.72	BULGARIA (BUL)	Sofia (BUL)	24 Jul 83
3:30.84	NIGERIA (NGR)	Beijing (CHN)	20 Aug 06
3:31.12	GERMANY (GER)	Sydney (AUS)	25 Aug 96

2026 TOP LIST

RESULT	TEAM	VENUE	2026
3:29.71	NIKE ELITE (USA)	Gainesville, FL (USA)	4 Apr
3:32.66	UNITED STATES (USA)	Oregon	8 Aug
3:33.63	ITALY (ITA)	Oregon	8 Aug
3:33.68	AUSTRALIA (AUS)	Oregon	8 Aug
3:33.82	GREAT BRITAIN & NI (GBR)	Oregon	8 Aug
3:34.03	JAMAICA (JAM)	St. George's (GRN)	6 Apr
3:34.35	GERMANY (GER)	Oregon	8 Aug
3:35.28	NIGERIA (NGR)	Oregon	8 Aug
3:35.60	SLOVENIA (SLO)	Oregon	8 Aug
3:36.92	SOUTH AFRICA (RSA)	Oregon	8 Aug